



NEWSLETTER : ISSUE 7

7th December 2018

Welcome:

Dear Parents,

With the Christmas trees arriving and the village fun evening upon us it is beginning to look a lot like Christmas! We have many events over the next two weeks and I am really looking forward to seeing the children shine and sharing the joy with family and friends.

Best wishes

J Littlewood, Head Teacher

"Marvellous Mindful Me Club....a place to learn about our bodies and minds, manage big feelings and grow calm confidence "

In the New Year we will be launching our first 'Marvellous Mindful Me Club'. This will be run by two local Clinical Psychologists Dr Maret Dymond-Bassett & Dr Nicky Crockett who are interested in promoting wellbeing in schools.

The club will teach children about how their minds work, how to connect with and learn from their bodies, how to manage difficult thoughts and big feelings and grow calm confidence.

They will be offering free taster sessions for children, parents and staff in January. The parent tasters will take place at the New Forest Mindfulness Centre, in Brockenhurst, the pupil and staff sessions will be at school.

The club will run in school, from the 26th of February from 3.15-4.15. It will include 6 sessions, plus 3 parent sessions (2 of which will be in the evening). The cost is £80, which includes a home practice book with links to the meditations and outlines of skills we will be using in the club. If you would like to book a place, or feel your child would benefit from this club and have concerns about the cost or want to find out more please do send us an email: home@newforestmindfulness.com.

Reasons to Celebrate:

- Brockenhurst Christmas Fun evening will be held tonight: Friday 7th December from 6-8pm in Brookley Road.
- St Saviours Christmas Services:
Sunday 16th Dec 5pm Candlelit Carol Service
Monday 24th Dec 4pm Christingle Service
- Well done to our gymnasts who competed at Priestlands this week. They finished 3rd, with the most complicated routine of the afternoon.
- Our Magazine Club will be selling the first edition of the school magazine for 50p at the gate on Wednesday 19th December, 3.15pm. Please come along and support our children.

Pause For Thought :



School Notices:

- As you are aware our school Christmas lunch will be served on Tuesday 18th December – there is no need to pre-order a meal for your child as both Red and Green Christmas options will be available for your child to choose in their classroom in the usual way.
- To coincide with the school Christmas lunch Tuesday 18th December is also "Christmas Jumper Day". Normal school uniform but with a Christmas jumper if you would like. Donations of £1 per child in aid of Save The Children please.
- KS2 Carols Round The Christmas Tree will be held on Thursday 20th December. All parents are welcome to join us in the school hall at 1.45pm to finish the term in festive spirit. We aim to finish at 2.30pm. You are welcome to take your children at that point or leave until the end of the day.
- We are hosting a "Brockenhurst Scout Postal Service" box in school - for delivery of your local Christmas cards until the end of term. 25p per card for delivery within the village.
- Our school hall is now available to hire outside of school hours for £15/hour. Regular bookings are welcome. Please speak to the school office for more information.
- Please be mindful of our children's safety when parking at the beginning and end of the school day - please avoid parking on road junctions. May I also remind you that the school car park is for staff only and not for dropping/collecting your child; similarly please respect the named disabled bay in the layby at the front of our school.

Important Dates:

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| 7th Dec | Village Christmas Fun Evening 6-8pm |
| 12th Dec | KS1 Nativity at St Saviours 6pm |
| 13th Dec | KS1 Nativity at St Saviours 1.30pm |
| 14th Dec | Flu vaccinations YR-5 |
| 14th Dec | Y6 Carol singing at Woodpeckers |
| 14th Dec | Disco: KS1 4-5pm; KS2 5.15-6.15pm |
| 17th Dec | Drama Club assembly 9am |
| 18th Dec | School Christmas Dinner |
| 18th Dec | Christmas Jumper Day (£1 donation) |
| 18th Dec | Y4 Samba Assembly 2.30pm |
| 18th Dec | Special Christmas visitor in assembly |
| 19th Dec | Guitar Assembly 9am (Mr Thomas) |
| 19th Dec | Piano Assembly 10am (Mr Thomas) |
| 20th Dec | KS2 Carols around the Christmas tree |
| 21st Dec | Inset Day |
| 7th Jan | Spring Term begins |
| 17th Jan | YR Vision & Hearing/Height & Weight (School Nurse) |
| 18th Jan | Y3 Swim programme begins |