

Diving into Mastery – Diving

Adult Guidance with Question Prompts

Children explore the difference between seconds, minutes and hours. They decide which units of time they would use to measure different activities.

Which is the shortest amount of time – one second, one minute or one hour?

Which is the longest amount of time – one second, one minute or one hour?


Which would take longer – _____ or _____?

Can you think of any other activities that take seconds/minutes/hours to complete?

Minutes



Decide whether we would measure each activity in seconds, minutes or hours.

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|--|--|--|
|  |  |  |
| eating a piece of popcorn | reading a picture book | sleeping at night |
|  |  |  |
| flying across the world | walking across the classroom | brushing your teeth |
|  |  |  |
| putting your hat on | taking a bath | going on a school trip |

Can you order the activities from shortest to longest time?

How many other activities can you think of that take a few minutes?