## The Alchemist's Letter

## Why are memories important?

Consider what The Alchemist's Letter teaches us about the importance of memories. Add some ideas to the table below. Now think about what life would be like if we couldn't store our memories and use this to help you add further ideas.

1	Memories are important because they give us a sense of identity. In other words, they make us who we are and help us to understand ourselves.
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help us to make better choices;

brings alive people we have lost

connects us with others

bring us joy

learning and developing

