











Here are the seven continents of Planet Earth. A continent is a massive piece of land that is often separated from other areas of land by water or another feature, such as mountains.





You may not have heard of Oceania before but you might have heard of a country within the continent of Oceania, called **Australia**.









Around 24 million
people live in
Australia, which is
not that many
considering how
large it is. 65 million
people live in the
United Kingdom. You
could fit the UK into
Australia 22 times!
The capital city is
Canberra. Can you
spot it on the map?

#### Uluru

This huge, ancient sandstone rock can be found in central Australia. It appears to change colour at different times of the day.



### Sydney Opera House

This is one of Australia's most famous landmarks. Performances, such as ballet or music concerts, take place here. It is located on the east coast of Australia. What does the shape of the building remind you of?



### Russell Falls

Although Tasmania is a separate island, it is part of Australia.

Russell Falls can be found inside the Mount Field National Park.

Can you see the different tiers of the waterfall?



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New Zealand's main islands are **North** and **South** Islands.

The capital city of New Zealand is Wellington, which is on North Island.

Almost three quarters of South Island is made up of mountains and rocky ground.



## Sky Tower

The Sky Tower can be found in Auckland, on North Island. It is 328 metres tall which makes it the tallest building in New Zealand.





Inside you'll find hotels, restaurants and a theatre. One of the restaurants revolves. **Now that's what I call a meal with a view!** 



### Aoraki / Mount Cook

I have to fly way up high to get a good view of New Zealand's tallest mountain. It's on South Island and a popular place for hikers and mountain climbers. The indigenous people of the land named this mountain **Aoraki**.



the explorer James Cook, it was given an additional name, **Mount Cook**.







New Caledonia is home to the Amédée Lighthouse.

Amazingly, it was made in France then taken to pieces before being transported to its island home. The lighthouse has 247 steps. It is one of the tallest lighthouses in the world and made from metal.

Awesome!







# Ha'amonga 'a Maui

This trilithon can be found on the island of Tongatapu, one of the many islands of Tonga. A **trilithon** is a structure made up of two vertical stones with one resting horizontally across the top. You might have seen something similar if you've been to Stonehenge in England.







