

# *Janmashtami*

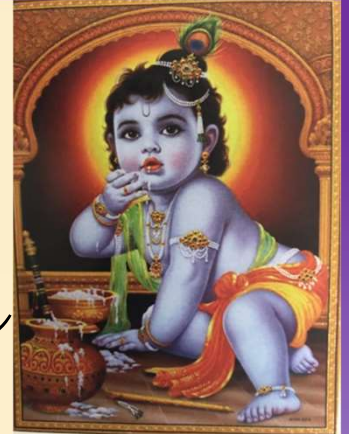
## *Session 3*

*Why is it important for Hindus to remember Krishna?*

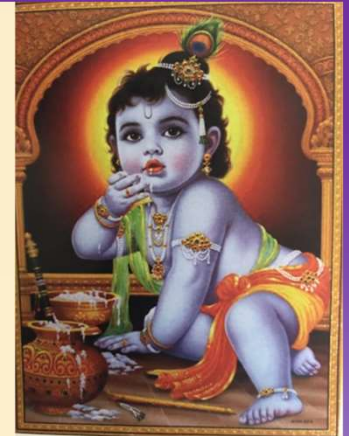
## What is Janmashtami?

*Janmashtami is the Hindu festival celebrating the birthday of Krishna.*

*It normally takes place in July or August.*

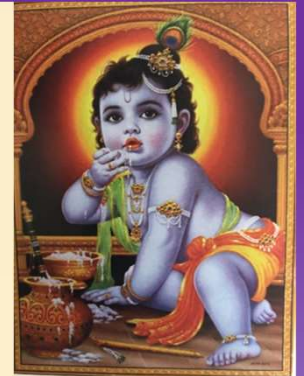


What do you think would happen at the festival?



## *What happens at the festival?*

- On Krishna's birthday, many Hindus will stay up all night singing and dancing in the temple.*
- There is a traditional fast until midnight.*
- A cradle hanging like a swing might go up and have small toys placed into it.*
- Krishna is welcomed with singing, dancing and special sweets.*





*This girl is very upset because she had been on holiday and forgotten to remember Krishna's birthday.*

*Why do you think she is feeling upset?*



- Do you think it matters that she forgot Krishna's birthday?  
Why/why not?
  - How do you think she feels?
- Why do you think she feels sad that she did not remember?
  - Why does she like to remember Krishna?
  - How do you think she feels when she does remember Krishna's birthday?

## Task

*Imagine that you are a Hindu girl or boy.*

*Think about why you want to remember Krishna.*

*You can choose to draw and/or write your thoughts in the bubble.*



I want to remember Krishna  
because ...