

# Brockenhurst CE Primary School - PE Long Term Plan 2020-2021

## Main Aim: To teach students to fall in love with moving

### National Curriculum requirements for PE

- > Develop competence to excel in a broad range of physical activities
- > Physically active for sustained periods of time
- > Engage in competitive sports and activities
- > Lead healthy, active lives.

### Primary PE and Sport Premium Key Indicators (how we spend Premium Money)

1. The engagement of all pupils in regular physical activity - the Chief Medical Officer guidelines recommend that all children and young people aged 5 to 18 engage in at least 60 minutes of physical activity a day, of which 30 minutes should be in school
2. The profile of PE and sport is raised across the school as a tool for whole-school improvement
3. Increased confidence, knowledge and skills of all staff in teaching PE and sport
4. Broader experience of a range of sports and activities offered to all pupils
5. Increased participation in competitive sport

### Meeting National Curriculum Requirements for Swimming and Water Safety

What percentage of your current Year 6 cohort swim competently and proficiently over a distance of at least 25m?

100%

What percentage of your current Year 6 cohort use a range of strokes effectively (front crawl, backstroke, breaststroke)?

What percentage of your current Year 6 cohort perform safe self - rescue in different water-based situations?

Schools can choose to use the Primary PE and Sports premium money to provide additional provisions for swimming but this must be for activity over and above the national curriculum requirements. Have you used it in this way?

No

## Action Plan for Budgeting and Planning

Academic Year 2020-2021	Total Funding Allocated: £961.81	Date updated: 09/12/20		
Key Indicator 1: The engagement of <u>all</u> pupils in regular physical activity - the Chief Medical Officer guidelines recommend that all children and young people aged 5 to 18 engage in at least 60 minutes of physical activity a day, of which 30 minutes should be in school				
School Focus with clarity on intended impact on pupils:	Actions to achieve	Funding Allocated	Evidence and Impact	Sustainability and suggested next steps
Daily Mile to get all children active each day.	>We already have a course laid out. > Give different motivational activities to do to keep the children interested e.g. faster students run with slower students to get them to keep pace, introduce relays, have motivational stickers > Track how many miles each class does per week > KS 1 to run for 10 minutes and be given a mark for each lap completed > Have a challenge e.g. can our class run to Africa with accumulative miles.	£361.81		Use my assemblies to highlight the daily mile
Walk to school	> Encourage children to walk to school everyday <a href="https://www.livingstreets.org.uk/products-and-services/shop/2018-19-wow-the-year-round-walk-to-school-challenge">https://www.livingstreets.org.uk/products-and-services/shop/2018-19-wow-the-year-round-walk-to-school-challenge</a>	Free		Keep celebrations of the daily mile happening on at my aassembly slot
Scooter day + skateboard day , train all children to ride a scooter + skateboard, encourage them to come to school actively	> Book a 1 day scooter course for the whole school <a href="http://scootability.org.uk/instructor-training/">http://scootability.org.uk/instructor-training/</a>	£300 x 2 for each day		Encourage scooting and skating during golden time and monitor the amount of people using these ways of transports via the daily mile app.

## Action Plan for Budgeting and Planning

**Academic Year  
2020-2021**

**Total Funding Allocated: £1800 (+ 240 for  
resources thereafter)**

**Date updated: 09/12/20**

**Key Indicator 2: The profile of PE and sport is raised across the school as a tool for whole-school improvement**

School Focus with clarity on intended impact on pupils:	Actions to achieve	Funding Allocated	Evidence and Impact	Sustainability and suggested next steps
Teachers attended CPD on Real Gym	> Resources provided by Real PE, teaching and planning packages that involve video demonstrations and online resources.	£1,800	> Staff are better informed about delivering Real Gym lessons. > They are fully resourced	> Pay £240 next year to keep the resources of Real Gym
Promote Sport success in school	> Write up on website the results from the online version of NFSSP	free		Twitter

## Action Plan for Budgeting and Planning

**Academic Year  
2020 - 2021**

**Total Funding Allocated: £ 2,876**

**Date updated: 09/12/20**

### Key Indicator 3: Increased confidence, knowledge and skills of all staff in teaching PE and sport

School Focus with clarity on intended impact on pupils:	Actions to achieve	Funding Allocated	Evidence and Impact	Sustainability and suggested next steps
Improve teacher knowledge, resources and lessons of PE	<ul style="list-style-type: none"> <li>&gt; Resources provided by Real PE, teaching and planning packages that involve video demonstrations and online resources.</li> <li>&gt; Teachers attended CPD on Real Gym</li> </ul>	£2,876	<ul style="list-style-type: none"> <li>&gt; Staff are better informed about delivering Real Gym lessons.</li> <li>&gt; They are fully resourced</li> </ul>	> Pay £240 next year to keep the resources of Real Gym
Cricket Teacher Training as an afterschool inset	<ul style="list-style-type: none"> <li>&gt; Ideas shared and discussed about how best to deliver cricket lessons</li> <li>&gt; Resources shared</li> </ul>	Free	> Staff confidence increased about teaching this subject.	Training new staff
Improvement of cricket teaching	<ul style="list-style-type: none"> <li>&gt; Free cricket plan on chance to shine</li> <li>&gt; Training from a chance to shine coach for staff</li> <li>&gt; Links with Brockenhurst Cricket Club and their coaches</li> </ul>	free	> increased confidence in teaching cricket	Teachers to later, lead sessions of high quality cricket
Adequate Assessment of PE	> Mr Wilcox has provided all teachers with a curriculum map for the year of when to teach, resources needed and objectives to be achieved. We are also using the Real PE assessment Wheel.	Free	<ul style="list-style-type: none"> <li>&gt; Teachers less stressed about what to teach, how to teach and when.</li> <li>&gt; increase in high quality PE teaching</li> </ul>	
Lunchtime Staff training in sports activities	<ul style="list-style-type: none"> <li>&gt; Using the Real Leaders training course to train up lunch staff</li> <li>&gt; Using the FA womens football resources</li> </ul>	As part of Legacy from Real PE		Train staff who will be here for a while.
Play leaders trained to run activities for their classes	<ul style="list-style-type: none"> <li>&gt; Improve the activates and participation at lunchtime</li> <li>&gt; Children to attend the Real Leaders course</li> </ul>	As part of Legacy from Real PE		

Action Plan for Budgeting and Planning				
Academic Year 2020-2021	Total Funding Allocated: £600	Date updated: 09/12/20		
Key Indicator 4: Broader experience of a range of sports and activities offered to all pupils				
School Focus with clarity on intended impact on pupils:	Actions to achieve	Funding Allocated	Evidence and Impact	Sustainability and suggested next steps
Skateboard and Scooter day	> Using Team Rubicon to run sessions for skateboarding and scooting days	£600		Encourage different forms of transport to school, monitor using Travel Tracker and encourage the use during Golden Time
High quality cricket coaching for staff and students	> Cricket coaching led by Chance to Shine for Years R,1, 2, 5 and 6 > For years 3+4 local cricket coach.	free		Teachers are taught to lead sessions.

## Action Plan for Budgeting and Planning

**Academic Year  
2020-2021**

**Total Funding Allocated: £ - mini bus hire**

**Date updated: 09/12/20**

### Key Indicator 5. Increased participation in competitive sport

School Focus with clarity on intended impact on pupils:	Actions to achieve	Funding Allocated	Evidence and Impact	Sustainability and suggested next steps
To experience inter school competitions.	<ul style="list-style-type: none"> <li>&gt; Compete in Priestlands Sports Competitions where the Priestlands teachers and students come to our school to run events</li> <li>&gt; Compete in the online version of the NFSSP</li> </ul>	free		Hopefully we will be able to compete in both events in person, with other school in the future.
Compete in Walhampton Cross Country	<ul style="list-style-type: none"> <li>&gt; Enter competition</li> <li>&gt; Hire minibus</li> </ul>	Mini bus hire		Enter again next year and encourage people to run the daily mile.

Action Plan for Budgeting and Planning				
Suggested Spending	Why	How Much		Figures
NFSSP	School Games Mark			
Real PE - Legacy			£ 5,695.00	£2,847.50
Daily Mile traker YourTrak	Tracks the daily mile		£ 361.81	£ 361.81
Priestlands Sports Partnership	Regular Competitions			
updated old sports equipment and playground equipment				
Air server				£ 100.00
Cricket nets	build on our links with the community cricket club and improve standards of cricket in the area.			£ 1,099.99
Cricket astro pitch				£ 1,905.96
Scooters + Pads + helmets				£ 1,000.00
			Total	£ 7,315.26