## Primary Menu: April 2024 - October 2024

| Week   | Meal Type     | Monday   | Tuesday   | Wednesday   | Thursday   | Friday   |
|--|---------------|--|---|---|--|--|
| WEEK 1 15 <sup>th</sup> April 6 <sup>th</sup> May 3 <sup>rd</sup> June 24 <sup>th</sup> June 15 <sup>th</sup> July 9 <sup>th</sup> September 30 <sup>th</sup> September 21 <sup>st</sup> October | MEAT          | Chicken fajita with a blend of brown<br>and white rice<br>Vegetables of the day or salad | Pork sausages with mashed potato and gravy Vegetables of the day or salad                         | Bubble salmon with crinkle cut<br>wedges<br>Vegetables of the day or salad    | Sliced beef with Yorkshire pudding Roast potatoes, gravy and vegetables of the day | Baked omega 3 fillet fish fingers<br>and chips<br>Vegetables of the day or salad |
|  | VEGETARIAN    | <b>Tomato pasta</b> Vegetables of the day or salad                                       | Sweet potato and lentil curry with a blend brown and white rice  Vegetables of the day or salad   | Margherita pizza Vegetables of the day or salad                               | Vegetable wellington<br>Roast potatoes, gravy and<br>vegetables of the day         | Roasted vegetable lasagne<br>Vegetables of the day or salad                      |
|  | JACKET POTATO | Cheese   | Beans &/or Pork Sausage   | Tuna Mayo   | Beans & Cheese   | Beans & Cheese   |
|  | PACKED LUNCH  | Ham  | Cheese  | Tuna  | Cheese   | Fish finger  |
|  | TO FINISH     | Freshly baked chocolate shortbread biscuit   | Fruit and jelly   | Banana cake   | Chocolate sponge cake  | Jam and coconut sponge cake  |
| WEEK 2  22 <sup>nd</sup> April 13th May 10th June 1st July 22nd July 16th September 7th October  | MEAT          | Macaroni cheese with Somerset cheddar Vegetables of the day or salad                     | Chicken Katsu curry with a blend<br>of brown and white rice<br>Vegetables of the day or salad     | Ham carbonara with penne pasta Vegetables of the day or salad                 | Roast Chicken and Yorkshire pudding Roast potatoes, vegetable of the day and gravy | Bake omega 3 fillet fish fingers and chips  Vegetables of the day or salad       |
|  | VEGETARIAN    | Vegetarian sausage roll with mashed potato  Vegetables of the day or salad               | Somerset cheddar cheese and tomato quesadilla with diced potatoes  Vegetables of the day or salad | Margherita pizza with crinkle cut wedges Vegetables of the day or salad       | <b>Quorn and leek crown</b><br>Roast potatoes, vegetable of the<br>day and gravy   | Plant-based burger in a bap with cheese and chips Vegetables of the day or salad |
|  | JACKET POTATO | Cheese   | Beans &/or Pork Sausage   | Tuna Mayo   | Beans & Cheese   | Beans & Cheese   |
|  | PACKED LUNCH  | Ham  | Cheese  | Tuna  | Cheese   | Fish finger  |
|  | TO FINISH     | Freshly baked shortbread biscuit   | Fresh fruit wedges  | Apple sponge cake   | Marble sponge cake   | Chocolate brownie  |
| WEEK 3 29 <sup>th</sup> April 20th May 17th June 8th July 2nd September 23rd September 14th October  | MEAT          | Chicken nuggets with diced potatoes Vegetables of the day or salad                       | Chicken curry with a blend of brown and white rice Vegetables of the day or salad                 | <b>Beef bolognaise pasta bake</b> Vegetables of the day or salad              | Sliced gammon and Yorkshire pudding Roast potatoes, vegetable of the day and gravy | Bake omega 3 fillet fish fingers and chips  Vegetables of the day or salad       |
|  | VEGETARIAN    | Somerset cheddar cheese, onion and potato pasty  Vegetables of the day or salad          | Plant-based sausage hotdog with diced potatoes  Vegetables of the day or salad                    | Margherita pizza with crinkle cut<br>wedges<br>Vegetables of the day or salad | Quorn pieces in a Yorkshire pudding Roast potatoes, vegetable of the day and gravy | Somerset cheddar cheese and potato frittata  Vegetables of the day or salad      |
|  | JACKET POTATO | Cheese   | Beans &/or Pork Sausage   | Tuna Mayo   | Beans & Cheese   | Beans & Cheese   |
|  | PACKED LUNCH  | Ham  | Cheese  | Tuna  | Cheese   | Fish finger  |
|  | TO FINISH     | Freshly baked marble shortbread biscuit  | Freshly baked marble shortbread biscuit   | Chocolate banana cake   | Lemon drizzle cake   | Flapjack   |