

Why begin Teaching Reading through Games?

It is vital that early reading experiences are happy and positive. The aim should be not just for children to learn to read, but to enjoy reading. Whilst games may appear to be an indirect approach, they do protect a child from a feeling of failure. By 'playing together' both parent and child are relaxed. Where a child could feel pressured in a formal teaching situation he/she will usually enjoy reading activities in a 'play' situation. This article aims to give you simple ideas to try.

Whilst there is no set age to begin introducing the ideas of letters and words as children develop at different rates, it is a good idea to start at the pre-school stage. Many parents are concerned that they may teach their child in the 'wrong way' which conflicts with methods that are used in school. It is true in fact that many parents do make simple mistakes such as teaching their child to write their name in capital letters, which can cause difficulties when he/she begins school, but the aim of this article is to give a few pointers which can help to avoid such problems.

How Reading is Taught

Reading can be taught in a combination of ways:

- The **Look and Say** method (sometimes known as the Whole Word or Sight method) where a child learns to recognise a word by sight through looking at it a number of times.
- The **Whole Sentence** method is similar to Look and Say except a child memorises a whole sentence which usually has an accompanying picture.
- The **Phonic** method uses the sounds of letters or letter groups. By learning the sounds a child has a strategy for de-coding a word which can be 'sounded out'.

The following activities involve each of these methods. They are not recommended in any particular order, but the sentence activities are best left until your child has some knowledge of individual letter sounds.

The Sounds of Letters

Tips for teaching your child the sounds:

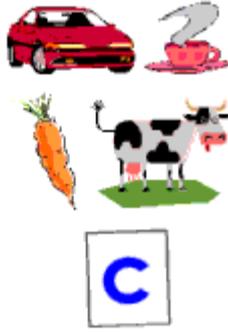
1. It is important for a child to learn lower case or small letters rather than capital letters at first. Most early books and games use lower case letters and your child will learn these first at school. Obviously you should use a capital letter when required, such as at the beginning of the child's name, eg. **Paul**.
2. When you talk about letters to your child, remember to use the letter sounds: **a buh cuh duh e ...** rather than the alphabet names of the letters: **ay bee see dee ee** . The reason for this is that sounding out words is practically impossible if you use the alphabet names. **eg. cat, would sound like: see ay tee** When saying the sounds of **b, d, g, j** and **w** you will notice the 'uh' sound which follows each, for example buh, duh... You cannot say the sound without it, however, try to emphasise the main letter sound.
3. Do not teach letters in alphabetical order. Avoid teaching letters of a similar shape such as b and d, or p and q together. Allow time and other letters to come in between such pairs of letters. **c, o, a, d** and **g** is a good order to start with because they are all formed in a similar way when you write them. Teach only one letter at a time and do not go on until your child is confident with the current one.

Activities

1. Common Objects

Collect several objects that begin with the same sound and make a card with this letter sound on it. Make a second group of objects beginning with a different sound and a card to go with those.

Discuss the sounds of the letters on the two cards with your child and shuffle the objects. Separate the cards on the floor and ask your child to put each object near the sound that it starts with. This activity can help your child to "hear" the first sound of a word.



2. Odd-one Out

Say a number of words, all but one of which begin with the same sound. See if your child can pick out the odd one. It can be helpful to have the corresponding objects there for the child to look at.



Which starts with a different sound to the others?

3. Sounds Scrapbook

Write a letter at the top of each page of a scrapbook. Concentrating on a few letters at a time collect pictures of objects that begin with those letters. Do not use as examples words where the first sound does not make its normal sound such as in giraffe, ship, cheese, thumb. Stick the pictures on the appropriate pages.



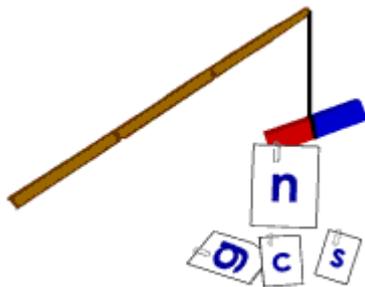
4. I-Spy

For small children the usual way of playing that starts 'I spy with my little eye something that begins with' can be too difficult. You can make this easier by providing a clue. 'I spy with my little eye something that barks and begins with duh'.

Recognising Letter Shapes

1. Fishing for Sounds

You will need a few cards with individual letters. Attach a paper clip to each card. Using a small stick with a string and magnet, your child fishes for letter sounds. If your child can say the sound of the letter he/she wins the card, otherwise you win it.



2. Sequencing the Letters in your Child's Name

Providing the individual letter cards for each letter of your child's first name can be a useful way to teach the sequence of letters. Remember you will need to write a capital for the first letter and lower case for the rest. If you want to print out the cards using a word processor use a font such as Century Gothic on PC which has **a**not *ā*. Show your child how to make the name first, before shuffling the cards for him/her to have a try. For a very long name work with the first few and build up a letter at a time.

J **a** **m** **e** **s**

3. 'What does it start with?' Box

You will need:

- A box

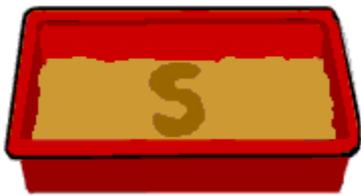
- Several items each beginning with a different sound
- Corresponding letter cards



This game is similar to the common objects game on the previous page, but the emphasis now is on recognising the sounds the letters make. Ask your child to choose an object from the box, to think what its first sound is (remember it is the sound you are looking for rather than the alphabet name) and then to match the object with the relevant card.

4. Sand Tray or Finger Paints

Children enjoy writing letters with their fingers in a tray of sand or with finger paints. These ways provide good opportunities to teach correct letter formation.



Whole Sentence Activity

This activity is quite useful when a child has been given an early reading book from school or nursery. Quite often parents say "He's not reading the book. He's remembering the story off by heart". This can happen. Some children become over-dependent on the picture clues and do not look for clues from the words.

Making Sentences

Read the book with your child so he/she is familiar with the story. Then simply use the first sentence from the reading book and copy it out on a strip of paper. Either write it out or if you use a word processor use a font such as Century Gothic (font size 36 at least). I suggest this font because it is important to use one that is similar to your child's reading book.

Leave a double space in between each word. Now cut up the sentence into the individual words. For example:



Ask your child to make the sentence, "This is a dog.", using the individual words. At first you will probably need to help. When he/she has made the sentence ask your child to read it to you and encourage him/her to point to each word with a finger.

When he/she can sequence one sentence, you can introduce the next sentence from the book. Ask your child to read them both.

Retain interest by only spending a few minutes a day on the activity. If your child makes a mistake do not say "That's wrong" immediately, because negative comments discourage. Ask your child to read the sentence and mistakes will often be self-corrected. If not, you can give clues such as, "What sound does **dog** start with?" If your child is still unable to read it, say positive comments such as "What a good try. You got all these right and only this part wrong. Well done." Then show your child the correct order.

I recommend working on a maximum of five sentences on each reading book. This method is useful for teaching children to look for the first sound of a word.

When your child becomes more proficient and can recognise a number of words, you can play a game with some of them. Have a little 'competition' with your child. Stack the individual words in a pile and ask you child to read them one at a time. If the word is read successfully, your child wins the card. If not, you win it. Children enjoy beating adults and it is more fun than just saying, "Read these words".